

SOS:Binghampton

Summer Camp 2018

Orientation Packet



Welcome
Youth Leader Timeline & Checklist
Camp Schedule & Details
Policies & Rules
About Memphis
Prepare Your Participants (Training Sessions)
Forms

Welcome! Our hope for this bundle of information is that it will make it as easy as possible to lead your students towards a fun, smooth, and world-view shaping week here at SOS! Please take time to read through every page. It's been put together with care and thought to ensure that you're as equipped as you can be for your time in Memphis!

We are SO excited for your group to partner with us this summer in the gospel work of repairing homes and building relationships in Binghampton and Orange Mound. We believe that the Lord has prepared us all for good work in Him, that each of us has much to learn from giving of ourselves and partnering with folks who might live with less. Without your group SOS would not be able to carry out its God-given mission: to glorify God by proclaiming the gospel of Jesus Christ in underserved neighborhoods through home repair and leadership development.

Whether you're a first time leader or have been serving at SOS summer after summer, we praise the Lord for all he has to teach us and do through us this summer! The staff at SOS care for you. We pray and labor all year long to give your students the opportunity to be empowered by gospel driven neighborhood renewal and to encounter the risen Christ!

Please begin, even now, to pray for your week at SOS, the homeowner you'll partner with, the neighborhood, and the lives that will be changes by the work of the Holy Spirit! If you have any specific needs or questions after reading through this packet, please don't hesitate to email or call me (Kelly@sosmemphis.org or 901-681-9044).

See you in Memphis!

Kelly Coon
901-681-9044
Kelly@sosmemphis.org

YOUTH LEADER TIMELINE

- October 2015-** Register for camp and pay deposit of \$50/participant
- October-February-** Recruit and collect sign-ups and deposits from your students and leaders. Register for more spots if necessary. You can add additional spots up until May 1st if availability remains.
- March 1st or before-** Email Kelly@sosmemphis.org if you need to drop any spots. (as a reminder, your deposit is non-refundable and non-transferable but if your drop spots on or before March 1st, you'll not be held responsible for the final balance on the spots you drop.)
- March-May—** Plan group meetings/parents meetings, distribute camp rules and policies, and all relevant forms. Break your group into the number of work teams Kelly communicates to you in late April/early May.
- April 15th or before--** Complete and return the Background Check Verification Form to Kelly@sosmemphis.org
- May 1st or before-** Mail in a check for your final balance (\$310 x # of participants) to SOS, 2505 Poplar Ave. Memphis, TN 38112
- Wednesday before your week at SOS-** Email Kelly@sosmemphis.org how many males/females you're bringing on the trip and fill out the GoogleForm Volunteer Team Info for each work team.
- Sunday of your arrival at SOS-** Arrive at SOS (2505 Poplar Ave. Memphis, TN 38112) between 3-3:30 Central Time ready with forms to turn in! We'll welcome you with open arms!!

YOUTH LEADER CHECKLIST

- ✓ If you're receiving this packet you've registered with SOS! WHOOP!
- Read through Orientation Information Packet
- Recruit students and leaders
- Email Kelly on or before March 1st if you need to drop spots
- Schedule group meetings
- Distribute Rules, Leader Expectations, and all forms
- Email Kelly@sosmemphis.org completed SOS Background Check Verification Form by April 15th, one per youth group.
- Pay final balance by May 1.
- Make sure all participants (adult and youth) have a liability form on file with SOS.
(Kelly will follow up with more info on this process in March)
- Collect Participant Health Forms from all participants
- Collect Camp Policies Overview from all adults
- Split your group into the number of work teams. Kelly will advise on how many in late April/early May.
- Make sure you have a first aid kit and water cooler for each work team
- One week before you arrive: Email Kelly Male/Female breakdown and fill out Volunteer Team Info GoogleForm for each of your work teams
- Arrive at SOS ready to check in at the Registration Table and hand our staff:
 - One liability form per participant
 - One signed Camp Policies Overview form for every adult
 - Participant Health forms will stay with the Adult Leader of each worksite in case of emergency. You don't turn these into SOS.

DAILY CAMP SCHEDULE

Sunday

1:30 pm – staff meeting
3:00 – 3:30 pm – groups arrive
4:00 pm – welcome meeting
4:45 pm – adult leader meeting
4:45 – 5:30 – games & icebreakers
6:00 pm – dinner
7:15 pm – chapel
8:15 pm – work team meeting
8:45 pm – adult leader/team leader meeting
10:00 pm – upstairs to get ready for bed
10:30 pm – lights out

Monday

6:00 am – staff meeting
6:30 am – camper wake up
7:00 am – breakfast, make lunches, & load vans
7:45 am – morning meeting
7:55 am - leave for worksite
11:30-12:00 pm – lunch
12:00-12:30 pm - group devotionals
3:00 pm – return to SOS
3:00 – 6:00 pm - free time
4:00 – 5:45 pm – SOS Store Open
6:00 pm – dinner
7:15 pm – chapel
8:15 pm – optional reflection time or group time
10:00 pm – upstairs to get ready for bed
10:30 pm – lights out

Tuesday

6:00 am – staff meeting
6:30 am – camper wake up
7:00 am – breakfast, make lunches, & load vans
7:45 am – morning meeting
7:55 am - leave for worksite
11:30-12:00 pm – lunch
12:00-12:30 pm - group devotionals
3:00 pm – return to SOS
3:00 – 6:00 pm – free time
6:00 pm – dinner
7:15 pm – chapel
8:15 pm – optional group meeting time
10:00 pm – upstairs to get ready for bed
10:30 pm – lights out

Wednesday

6:00 am – staff meeting
6:30 am – camper wake up
7:00 am – breakfast, make lunches, & load vans
7:45 am – morning meeting

** Upstairs Bathroom Chore will be done in the morning on all days
Please see Appendix for explanations of Daily Schedule Components.

7:55 am - leave for worksite
11:30-12:00 pm – lunch
12:00-12:30 pm - group devotionals
12:30 pm – return to SOS
1:00 pm – 10:00 pm – half-day wednesday
10:00 pm – upstairs to get ready for bed
10:30 pm- lights out

Thursday

6:00am – staff meeting
6:30 am – camper wake up
7:00 am – breakfast, make lunches, & load vans
7:45 am – morning meeting
7:55 am - leave for worksite
11:30-12:00 pm – lunch
12:00-12:30 pm - group devotionals
3:00 pm – return to SOS
3:00 – 6:00 pm - free time
4:00 – 5:45 pm – SOS Store Open
6:00 pm – dinner
7:15 pm – chapel
8:15- optional reflection time
10:00 pm – upstairs to get ready for bed
10:30 pm – lights out

Friday

6:00am – staff meeting
6:30 am – camper wake up
7:00 am – breakfast, make lunches, & load vans
7:45 am – morning meeting
7:55 am - leave for worksite
11:30-12:00 pm – lunch
12:00-12:30 pm - group devotionals
12:30-2:30 pm – deep clean work site and tool
inventory
3:00 – 4:00 pm – picnic at Binghamton Park
4:00 pm – return to SOS
4:00 – 6:00 pm- free time
6:00 pm – dinner
6:45 pm – youth leader meeting
7:15 pm – chapel
8:45 pm – scrapbooks and evaluations
10:45 pm – upstairs to get ready for bed
11:15 pm – lights out

Saturday

8:00 am – camper wake up, eat breakfast,
clean building and depart
10:00 am – all groups to be headed home

SOS RULES

Attendance

All students and adults are expected to participate in all camp activities through the end of the week (Saturday morning for Sr. High and Combined weeks, Friday morning for Jr. High only week). SOS does not allow groups or individuals to participate in camp unless they can stay for the duration of the week.

Daily Schedule

Your cooperation in sticking to the daily schedule is needed and appreciated. Remember that many people are living together for a week. Anything that we can do to show respect for others will only make the week better for us all.

Housekeeping

The work crews will take turns cleaning the bathrooms in the morning. *****Every team member is expected to participate*****

Tools

Monday morning each team will complete a “tool inventory sheet” to familiarize the team with the tools and note which tools are in the box. At the end of the week, each team will go through the “tool inventory sheet” once again so as to ensure that no tools were lost during the week. *If there are any lost or broken tools, your group will be billed to reimburse SOS.*

Ice

Two bags of ice per work team are included in your tuition. You will not be responsible for paying for these on the week of your camp. If your teams needs more ice, you will be charged \$2.50 per bag

Personal Devotion Time

Due to a full schedule, SOS has decided not to include a mandated time for personal devotions each day. Participants are encouraged to get up early or use their free time for personal devotions.

Adult Leader Rules and Expectations

- A The SOS Staff are excited about facilitating your mission experience. However, we cannot do it alone. ***Each adult will be expected to:***
- 1 Be *at least* 21 years of age
 - 2 **Read the Policies and Procedure packet, sign and return the Camp Policies Overview Form to your trip leader. Participate in Ministry Safe training if you have not already participated in sexual abuse training such as Safe Sanctuaries with your church.** If you have any questions or concerns, please contact Kelly@sosmemphis.org.

- 3 Participate in SOS activities (i.e. meals, morning meetings, noon devotionals and chapel)
- 4 Oversee his or her own youth to:
 - **Enforce lights out after the SOS staff have turned off the lights** at 10:30 pm
 - Make sure your team is present for breakfast, dinner, and chapel
 - Assist with general supervision of youth for safety at the work site and at the SOS building
 - Oversee work with the daily chores
 - Be an example to the youth by following the rules on the following pages
- 5 Ultimately, it will be expected that every adult leader “lead” by example. Adult participation is vital to the success of the SOS ministry. The attitudes and actions of the adult leaders will be reflected in the attitudes and actions of the youth. Help us enhance the experience of the youth by demonstrating a positive, Christ-like and servant-oriented example.
- 6 Wireless internet access will be available for *youth pastors* to communicate with their churches.
- 7 Youth pastors do not necessarily have to stay on one worksite for the whole week (as long as there is an adult leader at each site). They are more than welcome to go around to the different worksites from their church each day.
- 8 **As a leader for your group we expect you to not only lead by example and comply with our rules but we ask you to assist us in the enforcement of these rules amongst your youth.** We have these rules for a reason, whether that be to help camp run smoothly or to set a standard of behavior that we expect of our youth.
 - Know the camp schedule and be on time!
 - *At least* one adult leader must sleep in each “pod” upstairs with their youth in the bed marked “AL”
 - We strongly encourage Youth Leaders to collect all cell phones for the week of camp. If you choose not to do this, please follow the following guideline: The use of cell phones and electronics such as ipods, MP3 players, or game systems should be strictly limited by the youth leader. Use of electronic devices will **NOT** be allowed at the worksites, chapel, or any other scheduled activity. For other times, we ask that electronics not be used to the point that it would discourage social interaction.
 - Showers are to be taken *only* between 3:00-6:00 pm (except on Sunday and Wednesday)
 - Dress: (*if your students’ dress is inappropriate, we may ask a leader to make them change.*)
 - No sandals or open-toed shoes on the work site; *tennis shoes or boots only, (Toms are not sufficient)*
 - No spaghetti straps, tank tops or cut off t-shirts for guys or girls at any time

- **No shorts will be allowed at the worksites. We ask that all participants wear long pants.**
 - In the evenings we ask that girls wear shorts that are longer than their fingertips. Please advise your students to bring only appropriate length shorts. We expect all of our staff and participants to dress modestly. The SOS full-time staff may ask you or an Adult Leader to consult a camper if they are dressed inappropriately.
 - No campers are allowed in the office or kitchen
 - No food or drink upstairs (*if you bring food for travel time please leave it in your vehicle*)
 - No boys are allowed in the girls' dorm; no girls are allowed in the boys' dorm; no campers are allowed in the staff dorms
 - No public display of affection
 - The upstairs bathroom chore will be assigned to groups to do in the morning before they leave for the worksite
 - Do not walk off the property at any time; *you must be with an adult in a vehicle*
 - We advise that you be very considerate of where you leave money and valuables; *SOS is not responsible for lost or stolen items*
 - No drugs, alcohol or tobacco are permitted at any time during the week
 - Lights out:
 - Be upstairs by 10:00 pm to get ready for bed
 - At 10:30 pm, lights out!
- Adult leaders are responsible for their youth to stay in bed after this time

WHAT TO BRING

What Each Work Team Should Bring...

Remember: If your group is divided into 2 or more work teams, each work team will need all of these supplies. SOS will not buy any of the tools/supplies listed below for your teams.

- 1 A vehicle to provide transportation to and from SOS to the worksite (*Two teams can use one vehicle if necessary*)
- 2 First aid kits; *one per team*
- 3 One drink cooler, such as an Igloo water jug, for each worksite (*each team is responsible for their own drinks; water jugs can be filled with water outside the SOS building*). Each team is allotted 2 bags of ice per day.
- 4 *Optional:* Ice chests to keep lunches, snacks and drinks cool; Bibles to give to homeowners and neighbors (both for children and adults), industrial fans for the worksite.

What Each Camper Should Bring...

1 **Clothes:**

- *Work Day:* Work boots or tennis shoes only (*no sandals*), t-shirts (no shirts will be allowed that have questionable images or messages), no tank tops or cut offs will be allowed for boys or girls (*everyone is asked to wear a t-shirt*), pants, and work gloves. Bring enough clothes for the entire week as you will not be able to wash your clothes.

****Note: Pack clothes that are “disposable”...they will never be the same again!****

- *Evening:* Bring comfortable/casual clothes for the evening programs (that fit with our dress code). You may want to bring a sweatshirt to wear around the building. Also, you may want to pack different clothes for “Half-day Wednesday” when your group will be out enjoying the city of Memphis.
- 2 **Sleeping:** Bring your own bedding and pillow (a sleeping bag or sheets for a twin-sized bed). Bunk beds are provided, but no linens.
 - 3 **Personal Items:** Toiletries, towel, and a washcloth. *It might be a good idea to bring an extra old towel for those days you return from the worksite incredibly dirty.*
 - 4 **Spending Money:** You do not have to bring any extra spending money for your time at SOS, but you may want to consider bringing a few extra dollars for some optional expenses you will encounter. We will be selling merchandise at the SOS store and snacks and sodas in our vending machines. There is also a Sonic across the street from our building which groups often visit in their free time. You may also want to bring extra spending money for the half day on Wednesday. Participants should not need to bring any more than \$50.
 - 5 **Miscellaneous Items (Optional):** water bottles (i.e. Nalgene bottles), sunglasses, sunscreen, bandanas, Advil, prescription medications, ear plugs, playing cards and/or a Frisbee.
 - 6 **Most Important: A Bible, journal and pen!**
 - 7 Please do not bring hammocks. Hammocks will not be allowed in the dorms.

MEMPHIS

We are so excited for you to be in a city that we love and that God loves! There are so many great people, ministries and non-profits, restaurants, and sights to see. Below are some suggestions for what to eat, do and see while you're with us!

Top 10 Local Restaurants

Caritas- Binghampton's non-profit Café and Arts Center

Central Barbeque (three locations)

Rendezvous- BBQ

The Bar-B-Q Shop

Huey's-Burgers and Sandwiches

Aldo's- Pizza

Gus's Fried Chicken

Las Delicias- Mexican

La Michoacana- Mexican Popsicles

Jerry's- Famous Sno-cones

Top 5 Half-day Wednesday Activities

National Civil Rights Museum

Memphis Redbirds Baseball

Shelby Farms Park/GO APE

Tom Lee Park/Mississippi River Bluff/Mud Island

Downtown Strolling- Beale Street, A. Schwab, Peabody Ducks

Choose901.com is also an incredible resource for learning about what's going on in Memphis. Food, culture, technology, education reform; they cover it all!

TRAINING SESSIONS

At SOS, we recommend 1-3 group meetings with your team before you make the journey to Memphis! This serves to get the participant's wheels turning about where poverty and brokenness intersect with the Gospel and service. I hope you find these helpful! We recommend the book "When Helping Hurts" as a guideline for how we serve and work in our neighborhoods if you are interested in further study!

The Gospel for the City

I live in the heart of Memphis, TN, one of America's many broken cities. But I love my city, and I want to express that love in tangible ways – serving the poor, fighting for justice, standing against oppression, beautifying neighborhoods. I'm pretty sure that a look at the Bible's story in its entirety makes it clear that we should love our city in these tangible ways. Let me explain.

Many Christians have a small view of the gospel. We limit the gospel to the fact that Jesus came to the world to save sinners. While that is definitely true, that's not the whole story. When you take a look at the Bible in its entirety, you quickly see that the problem of sin has effects that extend far beyond individual "rule-breaking". The problem of sin has created chaos all around us. Poverty, injustice, racism, violence, crime, oppression, hunger, inadequate housing, broken families, littered streets are all effects of sin. The incredible good news of the gospel is that Jesus did come to redeem sinners like you and me, but he also came to reverse the effects that sin has on the world. Think about what Paul says in Romans 8:

"For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope that the creation itself will be set free from its bondage to decay and obtain the freedom of the glory of the children of God." (Romans 8:21-22)

The truth is that through the life and death of Jesus God is creating a new city where there will be no pain, suffering, injustice, poverty, leaky roofs, or hunger. Revelation 21 describes this glorious city in which, "He [God] will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning nor crying nor pain anymore, for the former things have passed away" (Revelation 21:3-4). The story of the Bible is that God put the first man and woman in paradise. They ruined it because of their disobedience. That sin has literally wreaked havoc on the world, but God is reversing that mess and creating a new paradise – a city where His people will glorify God enjoy Him forever.

So love your city in tangible ways that point to the truth of this glorious gospel. Proclaim the gospel in both *word and deed*.

- Why should we be concerned about the city?
- How have you had a "small view of the gospel?"
- Read Gen. 1:26-2:1 and Rev. 21:1-5- What is the connection between these 2 passages?
- Why is it important to think about the new city described in Revelation 21?

- List some ways that you have seen God renewing your city?
- How can we make the cities we live in now more closely resemble the city that is to come?
- Are there any other ways you could love your city in tangible ways to point to the truth of the gospel?

“Emily”- The Wisdom of the Forgotten

This story is from John Piper’s Desiring God Blog. His experience ministering to shut-ins in his congregation could be much like an experience with your SOS homeowner.

***I have not concealed thy steadfast love
and thy faithfulness
from the great congregation!***

[Psalm 40:10](#)

Emily Ericson has been a part of Bethlehem longer than Elsie Viren! But since I came as pastor five years ago she has seldom been able to get out to worship with us. I have gotten to know her mainly through hospital visits.

Last week I called Stan Miller, our summer volunteer intern, and said “Let’s go visit Emily Ericson.” He said, “Fine.” So we drove my \$200 Mercury steamboat down Minnehaha Avenue to Emily’s apartment. We buzzed her room and her neighbor Dorothy Soderberg came to let us in.

You see, Emily just had surgery on her left leg to enable her blood to bypass some artery blockages. So she isn’t walking too far at once. But she met us at her door and gave us gracious welcome into her attractive apartment.

We were there to encourage her faith and pray for continued healing but—as often happens—she turned the tables on us. For twenty minutes she spoke of God’s faithfulness in her life. And we were no longer the ministers but the “ministees.” Emily has a great story to tell. A great story of a great God.

It would take hours to tell her whole story—how her circulation deteriorated, her leg ached, one toe started to die and a letter to Duluth ended up pointing her to the perfect specialist in Minneapolis. Her courage mounted as the dangerous six-hour surgery approached. The operation succeeded. Her stay in the hospital was amazingly short.

And her recovery at home was helped by an expert nurse.

What moved Stan and me most was that Emily was so filled with praise to God. She longed to be able to tell of his steadfast love in the midst of the great congregation. She gave all the glory to God.

She is not alone. Others who can’t get out to be with us are brimming with stories of the goodness of God. If you need some encouragement, why not visit a Bethlehem veteran this week! Stan and I recommend it highly for your soul.

- What can we learn from this experience?

- Do you go into serving opportunities expecting to teach others or learn from others?
- How can we actively learn from those we partner with in service?

“An Invitation to Suffering”- Serving Others

I do not like pain. Not in any form. Loneliness, sickness (my own or another’s), anxiety, frustration, disappointment, hurt-these are not the companions with which I choose to share my life. I actively avoid them. I buy drugs from my pharmacist to shield me from physical pain. I surround myself with people like myself who dispel my loneliness and reassure me that I am OK. I control my contacts with people who take more than they give. I schedule my days to eliminate disruptions and to accomplish the things I think significant or pleasurable. A theology of abundance, peace, and health has enormous appeal to me.

Recently I witnessed a small act in the drama of city life that both moved and troubled me deeply. It was a familiar situation. A family with three small children was evicted again for nonpayment of rent. Their ritual “put me up for just tonight” had been used once too often. With no money for bargaining, the only place they could find to stay was a front porch. The father slept under a bush. Although I was quite unwilling to give them any more, I wondered what would become of them.

Then an unbelievable but predictable event occurred. An unemployed brother whose family was barely surviving took his evicted relatives in. Once again it was those who could least afford extra mouths to feed and were already crowded to the point of eviction who found it in their hearts to help. Even more disturbing to me was the cost of caring: increased hunger; hot, sleepless nights made even more unbearable by crying babies and wall-to-wall bodies; the stench of inadequate sanitation; short tempers; constant confusion.

This picture still burns in my mind. It is a haunting reminder of the energy I spend avoiding the cost of loving others. I establish an emergency relief fund instead of inviting hungry families to sit at my table. I develop a housing program to avoid the turmoil of displaced families living in my home. I create employment projects that distance me from the aggravation of working with undisciplined people. As a counselor I maintain some detachment with a fifty-minute hour and an emphasis on client self-responsibility. And even as I share the gospel with the needy, I secretly hope that God will handle their problems.

Of course I don’t allow myself to think this way very often. I choose rather to concentrate on the positive things I am doing for people, helpful things, right things. But when I am honest with myself, I must admit that I cannot fully care for one who is suffering without entering into his pain. The sick must be touched if they are to be healed. The weak must be nourished, the wounded embraced. Care is the bigger part of cure.

Yet I fear contagion. I fear my life will get out of control, and I will be overwhelmed by the urgent affairs of others. I fear for my family. I resist the Christ who beckons his followers to lay down their lives for each other. His talk of a yoke, a cross, of bearing one

another's burdens and giving one's self away is not attractive to me. The implication of entering this world of suffering as a "Christ-one," as yeast absorbed into the loaf of human need, are as terrifying as death itself. Yet this is the only way to life. The question is, will I choose life?

- What is challenging to you in this story? Why?
- How do you react to the poor or those in need? Is it similar to the narrator? What is the cost of serving someone?
- Why are you coming to SOS? What are you willing and not willing to do this week?

Read Mark 10:44-45 "Instead, whoever wants to become great among you must be your servant, and whoever wants to be first must be slave of all. For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many."

Read Isaiah 58:7 "Is it not to share your food with the hungry and to provide the poor wanderer with shelter – when you see the naked, to clothe him, and not to turn away from your own flesh and blood?"

- How did Jesus' attitude set an example for the way we serve others?
- How should we respond to the different culture of the inner city?

GROUP MEETINGS @ SOS

Meeting with your youth group is highly suggested after each work day or just one or twice over the week of SOS! This is a great way to allow your youth to process out loud what they're experiencing on the worksite and hearing in chapel services. SOS does not have any great group meeting locations but you're welcome to pull a couple tables together in the cafeteria, huddle up outside, go to sonic, or find a close-by restaurant or church locally that might let you use a room. If you leave campus, please make sure you can get back by 10PM. We have build in a suggested group meeting time on Tuesday after chapel, but half-day Wednesday is a great time to have this intentional group processing time as well!

Sample Group Meeting Questions

1. What do you think that God has been teaching you this week?
2. What has been the highlight of your week thus far?
3. What has been the hardest part of your week thus far?
4. What has been the funniest part of your week thus far?
5. How have you seen God work this week?
6. How is the trip different than you expected?
7. What are some things you have seen this week that have shocked you?
8. What have you seen this week that you have never seen before?
9. Name something you've done that you have never done before.
10. Tell us about the homeowner you're working with.
11. What have you learned about his or her life?
12. How can you better love and serve him or her in the following days?
13. What have you learned from the devotionals or chapel this week?
14. Do you have any questions about anything you have seen or heard this week?
15. What can we be praying for?
16. What are you most excited about for the rest of the week?

Daily Schedule Components

Welcome Meeting/Adult Leader Meeting

Welcome to SOS! In this meeting you will get the opportunity to meet the SOS staff and get a brief introduction to SOS. Following the welcome meeting we ask all adult leaders to stay behind for another meeting. In this meeting, we will be going over the expectations that we have for the adult leaders as well as giving a more in-depth description of what the week will look like.

Meals

Breakfast: Be there at 7:00 am sharp! Be sure to sit in your work teams as you eat a light breakfast of cereal, pastries, fruit, juice, and coffee.

Lunch: A “brown bag” lunch will be packed at the SOS center each morning and eaten at the work site. SOS provides sandwiches, potato chips, fruit, and cookies. Sandwich ingredients include: peanut butter, jelly, ham, turkey, cheese, mustard and mayonnaise. With the Sharpie pen at your table, write your name and what kind of sandwich you would like on the sandwich bag(s) provided. Two “sandwich crew” people from each work team will then make sandwiches and bag the lunches.

****Note: Your team provides beverages. Water coolers can be filled at SOS in the morning****

Dinner: This is a family style dinner where you sit wherever you want. Just make sure that once the food is on the table you serve the person on your left. The “scraper game” will be played to determine who will clean up the table at the end of dinner. (**Vegetarian/allergy Notice:** because of the size of our camps we are unable to provide vegetarian meals or specific meal requests. Therefore, if you are unable to eat what we provide, we ask that you bring your own food and we will store it for you during the week. We are sorry for any inconvenience this may cause; please call us with any questions.)

Chapel

A worship service will be held in our chapel every evening except Wednesday. Chapel will include a fun activity, worship, and a message from a speaker. Chapel attendance is mandatory. Note: there are a few benches for people to sit on, but for the most part, your group will be sitting on the floor of the chapel. You are welcome to bring a stadium chair if you want some back support!

Work Team Meeting

At this meeting you will get to meet the SOS staff person that will be at your worksite all week. We call this person your Team Leader. They will give you information about the project that you will be working on and the homeowner who lives at the house. Directly after the Sunday evening work team meeting, the SOS Team Leader and each group’s Adult Leader will meet without the youth to discuss the week. This will be a time where they will get to know their Team Leader better and develop a strategy for working together throughout the week.

Dorms

Our dormitories are located on the second floor of our building. We have separate dorms for males and females. Our dorms are divided into “pods,” which are semi-private rooms which hold between 12-18 people. Each group will be assigned to a pod or multiple pods depending on the size of the group. There may be some instances where two different groups will be in the same pod. There must be at least 1 adult leader of each gender who sleeps in the dorms to supervise the students at night.

Lights Out

Every evening at 10:00 pm we will announce that there are 30 minutes left before lights out. Everyone must head to their dorm room at this time and get ready for bed. At 10:30 pm, an SOS staff member will come to the dorms announcing that it is time for lights out. Once the lights are turned off there should be no more talking or getting up out of bed so you can get a good night's sleep for all the work you will be doing the next day.

Wake Up

At 6:30 am we will play music in the dorms to wake you up. You will then have 30 minutes to get ready for the day before you need to be downstairs for breakfast at 7:00 am.

Morning Meeting

The purpose of this meeting is to get everyone pumped up and ready for the day through a couple of fun activities and a time for announcements. This meeting will be outside. Everyone will need to come to this meeting ready to leave for the worksite.

Work Day

Prior to the morning meeting, groups will fill up their water coolers and load their vans. Immediately after the meeting, the groups will head out to their different worksites. The SOS Team Leader assigned to each team will travel with the team to the worksite. Once the group arrives at the worksite, the Team Leader will give a brief worksite orientation including safety training, toolbox inventory, and homeowner introductions. Then let the work begin! SOS is unable to provide you with information about your specific work projects until you arrive at SOS. In general we focus on roofs in the beginning of the summer and then move inside the homes as the summer progresses. Your group may be involved in roofing, siding, framing, flooring, plumbing, painting, installing windows, sheet rocking, and much more. The team should remain at the worksite until about 3:00 pm.

Group Devotionals

From 11:30-12:30 pm the entire SOS camp will shut down for lunch and devotionals. After the group is finished eating their lunch at the worksite, the team leader will lead the group in a devotional provided by SOS. Although some people will be anxious to get back to work after eating, we ask that this time be respected as part of the programming for our camp.

Free Time

After teams get back from their worksites in the evenings, they will have free time until dinner at 6:00 pm. (Note: groups will be getting back from the worksites at varying times depending on their work project). During this time people can take a shower and clean up from their hard day of work. This will also be a time for rest and relaxation. We have board games, foosball tables, pool tables, an air hockey table, and outdoor space available at the building for people to enjoy.

Store

The SOS store will be open Monday and Thursday from 4:00- 5:45 pm. You will be able to purchase SOS apparel such as t-shirts, sweatshirts, hats, stickers and more! We accept cash, checks, debit cards and credit cards.

Group Meeting

We encourage your group to meet throughout the week to debrief and discuss what your group is learning and experiencing. One suggested group meeting time is on Tuesday night but would encourage you to meet multiple times including after your return home. The SOS team leader

will not be a part of this meeting. A list of sample group meeting questions is provided in this packet.

Half Day Wednesday

On Wednesday, groups will go to their worksites in the morning. They will eat lunch and do devotionals at their worksites and then will return to the SOS building around 12:30 pm. Participants can shower/clean up, and then they will have free time until 10:00 pm. We encourage your group to explore the city of Memphis, rest, and have fun! Dinner will be on your own. Lists of free time ideas and local places to eat are included in this packet. Please call Kelly (901-681-9044) for more ideas or help planning your groups fun half day!

Thursday Night Reflection Time

After chapel on Thursday night, the chapel will remain open as a quiet place for students and leaders to pray and reflect on the week and the speaker's messages. The SOS staff will also remain in the chapel during this time if any of the students wish to speak to or pray with them.

Picnic

To celebrate the end of a week of hard work, on Friday we will have a picnic in Binghampton Park. Groups will come straight from their worksites to the picnic and will return to the SOS building to shower after the picnic is over. An ice cream snack will be served at the picnic. Homeowners are invited to this picnic, and there will be a time where homeowners and the teams that have worked on their homes will be introduced to the rest of the camp.

Youth Pastor Only Meeting

At 6:45 pm on Friday we ask that the youth pastor (or other adult representative) from each church meet with a few members of the SOS full-time staff to discuss the week. This will be a time for you to share highlights from the week and let us know about ways that we can improve our camp.

Scrapbooks and Evaluations

Following chapel on Friday night (or Thursday night for Jr. High only week), each team will meet with their Team Leader for a special time of encouragement. Then they will head to the cafeteria to fill out evaluations about the camp, and to make a scrapbook for their homeowner, documenting their week working on the home. SOS will provide each team with a group picture and scrapbook space to write a note to their homeowner.

Saturday Morning

Groups are free to leave at whatever time they would like on Saturday morning, so we will not play wake up music that morning. Breakfast will be provided in the cafeteria, where groups can come and eat as they please. We ask that groups clean up their dorm areas and the breakfast area before they leave. All groups should be gone by 10:00 am.

SOS Forms

Now for some housekeeping! ☺ We work so hard to make the forms and paperwork of SOS both safe, efficient and effective for you and us! We so appreciate your diligence in this area.

- Each Church will submit the **Background Check Verification Form** by April 15.
 - This form verifies that EITHER your church has in their possession background check on every adult leader that will be present on the trip OR each leader has been trained in a sexual abuse prevention program such as Ministry Safe or Safe Sanctuaries. By signing and returning this form, you verify that SOS could request verification of either a background check or training certification if needed. We do not need you to get those documents to us, just verify that your church has one or the other on file for EVERY adult leader you're bringing.
- Every youth participant:
 - **SOS Liability Form** (We are in the midst of revolutionizing our Liability Forms process so hold tight and Kelly with email you instructions about those by the end of March!)
 - **Participant Health Form** (if you church already has one of these in place, you're off the hook for this one)
- Adult Leaders only:
 - **SOS Liability Form** (We are in the midst of revolutionizing our Liability Forms process so hold tight and Kelly with email you instructions about those by the end of March!)
 - **Participant Health Form** (if you church already has one of these in place, you're off the hook for this one)
 - **Camp Policies Overview: Preventing Abuse and Neglect**
 - This form verifies that the signee has received and read the Ministry Safe Policies and Procedures packet and agrees to abide by the safety rules put in place by the packet.

All the forms you need are below with the exception of the SOS Liability Form that is in progress. Look for more info on how to complete this form by the end of March!

PARTICIPANT HEALTH FORM

Name: _____
Last First Middle

Permanent Address: _____

Home Phone: _____ Social Security # _____

Parent/Guardian: _____ Daytime Phone: _____ Eve. Phone _____

Parent/Guardian: _____ Daytime Phone: _____ Eve. Phone _____

If my parent is not available in an emergency, notify:

_____ Phone: _____ Phone: _____

_____ Phone: _____ Phone: _____

Health History: (Check - giving approximate dates)

Diseases/Illnesses:

- | | | |
|--|--|---|
| <input type="checkbox"/> Asthma _____ | <input type="checkbox"/> German Measles _____ | <input type="checkbox"/> Mono _____ |
| <input type="checkbox"/> Bleeding Disorder _____ | <input type="checkbox"/> Heart Problems _____ | <input type="checkbox"/> Mumps _____ |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> High Blood Pressure _____ | <input type="checkbox"/> Recurring Strep Inf. _____ |
| <input type="checkbox"/> Chicken Pox _____ | <input type="checkbox"/> Hypoglycemia _____ | <input type="checkbox"/> Respiratory Problems _____ |
| <input type="checkbox"/> Diabetes _____ | <input type="checkbox"/> Kidney Problems _____ | <input type="checkbox"/> Respiratory Problems _____ |
| <input type="checkbox"/> Ear Infections _____ | <input type="checkbox"/> Knee Problems _____ | |
| <input type="checkbox"/> Eating Disorders _____ | <input type="checkbox"/> Measles _____ | |

Allergies:

- Hay Fever _____
- Insect Stings _____
- Ivy Poisoning _____
- Other _____

Drug Allergies: (List any medication you are allergic to)

Have you been out of the USA in the past 9 months? ____ If so, where? _____

Immunizations:

Tetanus - Date of Last Tetanus: _____ **(Obtain Tetanus if you are not current)**

Have you been (in the past 12 months) or are you currently being treated for a psychiatric/psychological disorder? _____

If yes, please explain: _____

List any previous surgeries or injuries (Give Dates): _____

Any illness occurring within the last 5 years that caused you to miss school or work for more than 3 days:

I am covered under my parents' Medical Insurance Plan: __Yes__ __No__

If so, name of Insurance Company: _____

I have Medical Insurance of my own: __Yes__ __No__

If so, name of Insurance Company: _____

Insurance Policy #: _____ Insurance Policy Phone #: _____

Consent for Treatment

I hereby give permission to the physician selected by the SOS Director to hospitalize, secure proper treatment for, and to order injection, anesthesia, or surgery for myself. (Guardian signature required if under 18 years of age).

Signature: _____ Date: _____

SOS Background Check Verification Form

The safety and security of the students and leaders that come to SOS is very important to us. SOS is unable to verify the background of every adult leader that comes to camp, and that is why we are counting on your leadership. SOS requests and strongly encourages you to take very seriously the safety of your group as well as that of other groups attending camp.

SOS requires that all adult leaders undergo a criminal background check. The church must have this background check on file for all adult leaders, and must be able to produce the background check within 24 hours if asked by the SOS administration. If the church does not already have a background check system in place, the adult leader will be required to complete sexual abuse awareness training online. **If your church already trains through a program like MinistrySafe or Safe Sanctuaries, that will suffice in place of a background check.** If you/your leaders have neither a background check on file nor have been trained in sexual abuse prevention, SOS will coordinate training through MinistrySafe.

Please complete Sections A & C below if your church currently has a background check system in place. Please complete Sections B & C below if your church does not currently have a system for background checks.

Section A

1. Can you verify that you have run a National Criminal and Sex Offender Background Check on each adult attending camp with your group? ____ YES ____ NO
2. Can you verify that none of the leaders accompanying your students have had arrests or convictions of any kind on their background check? ____ YES ____ NO
(If "NO", please explain):

Section B

SOS requires each adult leader without a background check on file to complete MinistrySafe sexual abuse awareness training online **OR** an equivalent (Safe Sanctuaries, etc.). Please indicate how many adults from your group will need to complete this training through MinistrySafe: _____

Section C

I verify that the above information is accurate to the best of my knowledge. I agree to either run a background check on all adult leaders coming to SOS or facilitate MinistrySafe training for all adults who do not have a background check on file at the church.

PRINT NAME _____

SIGNATURE _____

CHURCH/ORGANIZATION _____

DATE _____

Camp Policies Overview: Preventing Abuse and Neglect

All Adults participating in SOS should read and sign this form

Dear AL,

At SOS, we take our responsibility to care for youth very seriously. This applies to all minors we interact with: campers, volunteers, and youth in the communities we serve. This form summarizes our procedures and guidelines for SOS staff members and volunteers and is designed to prevent sexual abuse, physical abuse and neglect of youth. Our policies are intended to create a safe environment for all as well as protecting youth, you and the mission of SOS. These policies have been adopted and will be strictly enforced. If you would like a full copy of our policies manual, please contact kelly@sosmemphis.org.

SOS has a zero tolerance policy for abuse. It is the responsibility of every SOS adult leader to act in the best interest of youth at all times. In the event any adult leader observes an inappropriate behaviors or suspected abuse, it is the personal responsibility of each such volunteer to immediately report their observations to the SOS administration. Any report of such behaviors or suspicious of abuse will be taken seriously and will be reported in accordance with SOS policy and state law, to the SOS administration, Police Department, Child Protective Services, or other appropriate agency.

General Policies:

- Adult Leaders are prohibited from engaging in any sexually oriented conversations with youth and are not permitted to discuss any inappropriate or explicit information about their own personal relationships, dating, or sexual activities with any youth.
- Adult leaders are prohibited from possessing sexually oriented materials, tobacco, intoxicants.
- SOS staff members and adult leaders are prohibited from being alone with an individual youth in any room or space. If you find yourself in this situation, move to a room occupied by others or to a location easily observed by others.
- Inappropriate touching and inappropriate displays of affection are prohibited. Physical contact should be for the benefit of the youth, never based upon the emotional needs of the adult. Any inappropriate behavior or suspected abuse by any staff member, adult leader, or youth must be reported immediately.

Dorm policies:

- At least one adult leader is required to be in the dorms with youth at all times.
- Adult leaders at SOS should never be nude in the presence of youth in their care. Clothing must be worn to and from the showers.
- The SOS curfew is at 10:30 pm. All adult leaders are expected to cooperate in the lights out process, making sure that all youth are in their beds at this time. At least one adult leader must remain in each pod after lights out.

By signing this form, I understand the importance of the matters set forth above. I agree to follow and abide by these guidelines during my service at SOS. I will not harm or abuse the minors in my care. I acknowledge that I am bound to report any inappropriate behavior that I witness to SOS staff.

Adult Leader's name

Dates attending SOS: _____

Adult Leader's Signature

Church: _____